

SPA

heaven

HEAVEN SPA
DIDSBURY
TREATMENT GUIDE

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Welcome to Heaven Spa in Didsbury. We want your time with us to be absolutely wonderful. Attentive and individualised service is the hallmark of Heaven Spa and we pride ourselves on having an expert team of hairdressers and therapists that are committed to making you look and feel fabulous.

In beauty therapy we offer exceptional results-driven treatments and products by Pevonia Botanica. This is a botanical skincare line found in the most prestigious spas worldwide. Pevonia follows a holistic philosophy of combining nature with the latest scientific developments to create an exceptional range of spa treatments that deliver outstanding results.

In the Heaven Spa hair salon we use Redken professional colour. For haircare and styling we use Redken and GHD. We are rated a 5* salon in the Good Salon Guide.

facial treatments

We offer an extensive range of facials designed to deal with a variety of skincare concerns. All our facials will leave you feeling relaxed and refreshed, as well as delivering visible results to your skin.

Some products may contain nuts.

All our facial clients receive a detailed skin consultation with one of our highly trained skincare therapists. For first time visits we generally recommend a Prescriptive Facial. Following your skincare consultation, our therapist will devise a bespoke facial treatment suitable for you.

Pevonia Botanica products have a high percentage of active ingredients, so some of our facials are not suitable for first time Pevonia users. You will be advised of this on booking and we will be able to recommend a specific facial suitable for your needs.

Pevonia Prescriptive Facial 55 mins £50

Bespoke results-driven facial treatment to meet the needs of all skin types. Facial includes deep cleanse, two masks, massage, steam and extraction.

Pevonia Reviver Facial 30 mins £35

This is an oxygenating facial that stimulates blood and oxygen flow to the skin, leaving you with a radiant glow.

Pevonia Ultimate Deep Cleanse 55 mins £60

Excellent for oily, congested or acneic skins. This treatment includes thorough extraction – a must have deep cleansing treatment.

Pevonia Aromatherapy Facial 55 mins £50

Holistic facial using essential oils and deeply relaxing pressure point massage techniques.

Pevonia Lymph Aroma Facial 55 mins £50

Aromatherapy oils and a specialised massage technique combine in this facial to assist circulation and relieve fluid retention, improving skin tone and texture.

Pevonia Luminous C and Sea Lift Off Mask 55 mins £70

Contains Vitamin C to counteract pigmentation. Leaves the skin smooth, bright and glowing. Good for all skin types.

Pevonia Plantomer Lift-Off Mask 55 mins £65

Hydrating seaweed based facial to tone, heal and soothe the skin, leaving skin refreshed and hydrated.

Pevonia Anti-Free Radical Lift Off Mask 55 mins £70

To rejuvenate dehydrated, dry skin using a thermal clay mask containing lavender and peppermint.

Pevonia RS2 Rosacea Treatment 55 mins £70

Deep tissue facial with wonderful anti-inflammatory and anti-bacterial effects. Formulated especially for erythrose, couperose, rosacea, acne rosacea and reddened skin with broken capillaries.

Pevonia Elasto-Firm Mask 55 mins £60

The perfect enhancement to any anti-ageing regime, this facial uses elastin to promote deep hydration and radiance whilst helping to firm and tighten the skin.

Pevonia Caviar Treatment Mask 55 mins £160

An indulgent anti-ageing treatment with crushed pearls, marine caviar and escutox, a natural vegetable based alternative to botox. They are layered together for deep penetration and anti-ageing repair.

Express Facial 25 mins £30

Pressed for time but want your skin to look good - this is the treatment for you.

De Stress Eye Treatment for Wrinkles 30 mins £35

To hydrate and plump, thus reducing the appearance of fine lines.

De Stress Eye Puffiness Treatment 30 mins £35

To stimulate lymphatic vessels to drain more effectively, thus reducing puffiness and dark shadows.

De Stress Ultimate Eye Treatment 40 mins £60

Really treat your eyes and have both De Stress Eye Treatments. Your eyes will never have looked better!

pamper packages

Eternal Youth 2 hours £150

Who doesn't want to look and feel younger? Elasto-firm Facial, De Stress Eye Treatment, Aroma Salt Body Glow Scrub and LeRemedi Hand Treatment.

Face Lift 1 hour 40 mins £110

Our no-need-for-surgery boost for skin, lips and eyes. Back and Shoulder Massage, Pevonia Lymph Aroma Facial, De Stress Eye Treatment and Brow Shape.

Afterwork Revitaliser (After 6pm) 1 hour 30 mins £70

Soothe away the stresses and strains of your day. Includes a Prescriptive Facial and a Back and Shoulder Massage.

Recharge Your Batteries 4 hours 30 mins £190

Relax, revitalise and reawaken your senses with natural aromatherapy oils. Includes Aroma Salt Body Glow, Full Body Aromatherapy Massage, Pevonia Aromatherapy Facial and Jessica Deluxe Manicure or ZenSpa Deluxe Pedicure.

Half Day Spa Day 4 hours £160

This is our most popular package and it is easy to see why. Includes a Full Body Massage, Prescriptive Facial, Jessica Prescriptive Manicure and ZenSpa Pedicure. Includes a light lunch. Upgrade with a Body Wrap of your choice for an additional £45.

Beauty Express 1 hour 20 mins £75

For any special occasion when you need to look gorgeous double-quick! Includes an Express Facial, Mini Mani and Mini Pedi.

Time Out 2 hours 20 mins £150

The perfect half day relaxation package for the man in your life. Includes full body Hot Stone Massage, SkinFit Facial and De Stress Eye Treatment.

Sometimes just one treatment or service is not enough! We've combined our most popular treatments to create some fantastic packages. Perfect for when you need to treat yourself or when you are looking for a special gift.

Naked Truth 3 hours £140

Whether its pre bikini or pre-LBD, when looking your best (maybe in very little!) is an absolute must.

Includes Full Body Polish, Pevonia Prescriptive Facial, Jessica Prescriptive Manicure and Jessica ZenSpa Pedicure.

Naked Truth Men 2 hours 30 mins £130

Includes Full Body Polish, Pevonia SkinFit Facial, Man-i-cure and ZenSpa Pedicure.

Beach Gorgeous 3 hours 30 mins £160

Includes a Full Body Polish, Moroccan Cocoon with Rassoul Wrap, Prescriptive Facial, Mini Mani and Mini Pedi.

After Sun Soother 1 hour 40 mins £110

Super-hydrating treats for sun-ravaged skin. Includes Luminous C and Sea Facial and Water Lily After Sun Wrap.

Morning After 1 hours 10 mins £70

For party animals who want to feel human again! Includes Pevonia Reviver Facial, De Stress Eye Treatment and Leg and Foot Massage.

Flight Revival 1 hour 30 mins £100

Reverse the effects of too-long-in-the-air. Includes Jet Lag Massage, De Stress Eye Treatment and Pevonia Reviver Facial.

Detox 2 hours 45 mins £175

Includes Full Body Polish, Detox Aromatic Seaweed Wrap, Full Body Aromatherapy Massage and Pevonia Reviver Facial.

Yummy Mummies 3 hours £180

For when you get to have some time to yourself. Pevonia Lymph Aroma Facial, De Stress Eye Treatment, Desert Heat Body Wrap and Full Body Massage.

Comfort and Joy 2 hours £80

Essential pampering specifically designed for mums-to-be. Includes Leg and Foot Massage, ZenSpa Deluxe Pedicure and Pevonia Reviver Facial.

body care

Uplifting, invigorating, exfoliating and nourishing treatments to stimulate the skin. They can be used as an individual treatment or as preparation for massage therapy and body wraps.

Full Body Polish 30 mins £30

An effective body scrub to refine and revitalise the skin, leaving the skin amazingly smooth and radiant.

Total Back Ritual 55 mins £50

To aid all back complaints, this specialised back facial cleanses, polishes and thoroughly massages the back muscles. Includes steam and extraction.

Aromatherapy Salt Glow 30 mins £30

Vigorous body scrub incorporating aromatic salts and essential oils to leave the skin smooth and silky.

Leg Polish 20 mins £20

Invigorating exfoliation leaving legs silky smooth. Ideal prior to a leg wax, or as preparation for a tan.

body wraps

An all over mask is applied to the body before being wrapped in a thermal blanket allowing the body's heat to activate the absorption of the natural ingredients. All wraps include a soothing scalp massage. Select your wrap from our extensive menu.

Aromatherapy Cocoon 45 mins £50

A warm aromatic treatment in which the body is cocooned in essential oils.

Green Coffee Anti Cellulite 55 mins £65

Revolutionary active wrap to treat cellulite. Releases and eliminates toxins leaving the skin feeling smooth and toned.

Moroccan Cocoon with Rassoul Wrap 55 mins £65

Minerals from the fertile valleys of Morocco help to moisturise, energise and refresh the body.

Detox Seaweed Thalasso Wrap 55 mins £65

A blend of the finest seaweed, harvested off the French coast of Brittany is used to activate circulation, cleanse and detoxify the body.

Detox Aromatic Seaweed Wrap 45 mins £50

Using a blend of seaweeds and aromatherapy essential oils to detoxify and purify.

Desert Heat 55 mins £65

Mineral rich earth of the Arizona desert leaves the skin hydrated and smooth. The thermal action counteracts muscle fatigue and stress. Excellent for eczema and psoriasis.

Fit for Life Aromatic Moor 55 mins £65

Aids fatigue and stress by boosting the body's immune system. Ideal for tired muscles and helping to ease the pain of arthritis.

Back Wrap with Aromatic Moor 45 mins £50

A luxury back treatment using pure Moor mud. Relieving muscular tension, aches and pains it will refine and leave the skin radiant. Ideally followed with a back massage for maximum results.

Water Lily After Sun Wrap 45 mins £55

This treatment combines the benefits of Water Lilies and Green Tea extract to offer a phenomenal wrap that helps decrease skin temperature and the sensation of discomfort resulting from sunburn and over sensitised skin.

massage therapy

Swedish Body Massage 55 mins £45

Based on the traditional Swedish technique, this massage is adaptable to your needs, whether it is deep and strong or lighter and more relaxing.

Back and Shoulder Swedish Massage 25 mins £30

Concentrating on the back, neck and shoulders, this massage works at helping to relieve tension and stress.

Back and Shoulder Aromatherapy Massage 25 mins £35

Concentrating on the back, neck, shoulders and scalp, this deeply relaxing massage with pre-blended aromatherapy oils works on the areas most prone to tension and stress.

Full Body Aromatherapy Massage 55 mins £50

Full body deep relaxation massage using pre-blended aromatherapy oils to melt away tension and stress. This treatment begins with a scalp massage.

Back and Legs Massage 35 mins £40

This massage helps to relieve aches, pains, tension and stress. A quick way to unwind or to invigorate yourself.

For thousands of years the ancient art of massage has been used to bring benefits to health and well-being. Select one of our traditional techniques or perhaps a more specific customised massage designed especially for your needs.

Leg and Foot Massage 25 mins £30

The perfect post-shopping respite! Helps to relieve aches and pains. Also great if you are pregnant.

Hot Stone Massage 75 mins £90

Combining stone placement and massage techniques using warm stones to melt away stress, tension, aches and pains. A complete head to toe treatment that you will never forget.

Hot Stone Back and Shoulder Massage 25 mins £40

Concentrating on the back, neck and shoulders, this deeply relaxing massage uses warm stones to melt away stress, tension, aches and pains.

Jet Lag Massage 55 mins £50

Perfect post-flight body tonic that promises to ground you by easing away bloating, muscle ache and fatigue.

Pre-massage Body Brushing 10 mins £10

To enhance your massage we recommend a pre-treatment dry body brushing. This will stimulate the circulation and lymph and remove dead skin cells, thus revealing healthier skin.

advanced skin care

Lacto-Flora Peel 50 mins £60

This innovative facial peel used Lactic Acid for great results. This acid will gently exfoliate and hydrate. It is suitable for most skin types, in particular skin with an uneven texture, thickened epidermis and hyper pigmentation (discolouration). The peel can help control acne as it reduces sebum production and pore clogging.

Floracide Peel 60 mins £50

This peel is tailored to treat problematic skin conditions. The texture of the skin will begin to improve and look more refined. The peel contains Salicylic Acid which is well used to treat acne. This is a corrective treatment to benefit problematic skin. It is recommended as a course of treatments along with the Ultimate Deep Cleanse Facial and the Floracide Facial.

essential grooming

Jessica Prescriptive Manicure 45 mins £35

Hands are exfoliated, cuticles are conditioned with creams and oils, the nail shape is perfected and treatment basecoats and your chosen colour are applied for the perfect finish.

Jessica Deluxe Manicure 60 mins £40

This includes the Jessica Prescriptive Manicure with the addition of heated mittens. The thermal mittens allow deeper penetration of oils and creams, softening cuticles and improving circulation and soothing stiff joints.

Mini Manicure 20 mins £25

Ideal for when you need your hands to look good but you are tight on time.

File and Polish 20 mins £15

ZenSpa Pedicure 50 mins £38

With the option of Calming Green Tea, Energising Ginger or Refreshing Citrus, this is a luxury treatment that delivers softer, smoother feet with perfectly finished toes. The steps include: hard skin removal, foot scrub, foot mask, foot massage, cuticle work, nail shaping, filing and polish.

ZenSpa Deluxe Pedicure 60mins £45

If you really want to treat yourself to gorgeous looking legs and feet this is the treatment for you. It includes all the steps in the ZenSpa Regular Pedicure to the calves as well as the feet. Again there is a choice of Calming Green Tea, Energising Ginger or Refreshing Citrus.

Mini pedi 30 mins £27

For when your feet need to look good, quickly.

File and Polish 20 mins £17

Sparkle (up to 10) £5

Add rhinestones to your fingernails or toenails for added sparkle.

The devil is in the detail. Having regular essential grooming treatments will ensure you always look your best. And when you know you look good on the outside, you feel good on the inside!

Waxing

We ask that you ensure hair is at least 4mm long for best results. Waxing is not suitable for Retin-A or Accutane users, sunburned or recently laser-peeled skin.

We offer both warm and hot wax. Warm wax is the traditional wax that is removed with fabric strips. Hot wax is great for delicate areas as the wax adheres to the hair rather than the skin, no fabric strips are used – the wax sets and is flicked and removed.

If you are feeling brave, how about trying a Brazilian, Hollywood or Sicilian? A Brazilian leaves a small strip, Hollywood is all off and a Sicilian leaves a small triangle.

Wax	Warm	Hot	Warm	Hot
Half leg	£17	n/a	Half leg and bikini	£30 n/a
Full leg	£29	n/a	Full leg and bikini	£40 n/a
Bikini	£17	£20	Lip or chin	£8 £9
Brazilian	n/a	£35	Lip and chin	£12 £15
Sicilian	n/a	£35	Underarm	£15 £15
Hollywood	n/a	£40	Forearm	£22 n/a

Eyes

Brow shape	£10
Brow tint	£12
Lash tint	£12
Lash and brow tint	£22
Party lash extensions	From £10
Lash, brow tint and brow shape	£30

Tanning

Spray tan	£30
Course of five	£120
Course of ten	£175
Pevonia Self Tanning Treatment	£75
(includes Aroma Therapy Salt Glow body scrub and product to take home)	

The only safe tan nowadays is a fake one. Treat yourself to a professionally applied fake tan. We offer spray tans in our Equator Tanning booth or a therapist applied self tanning lotion.

men's treatments

SkinFit Facial 55 mins £70

Healing and hydrating anti-ageing treatment to gently soothe and calm the skin. This facial includes a deep cleanse, two masks, exfoliation, steam and extraction, hydration and massage.

De Stress Eye Treatment for Wrinkles 30 mins £35

To hydrate and plump, thus reducing the appearance of fine lines.

De Stress Eye Puffiness Treatment 30 mins £35

To stimulate lymphatic vessels to drain more effectively, thus reducing puffiness and dark shadows.

De Stress Ultimate Eye Treatment 40 mins £60

Really treat your eyes and have both De Stress Eye Treatments. Your eyes will never have looked better!

Fit for Life Aromatic Moor Wrap 55 mins £65

Alleviates fatigue and stress by boosting the body's immune system. Excellent for tired muscles and arthritis.

Back Wrap with Aromatic Moor Wrap 45 mins £50

A luxury back treatment using pure moor mud. Relieving muscular tension aches and pains, this will leave the skin refined and radiant.

Hot Stone Back and Shoulder Massage 25 mins £40

Concentrating on the back, neck and shoulders, this deeply relaxing massage uses warm stones to melt away stress, tension, aches and pains.

Hot Stone Massage 75 mins £90

Combining stone placement and massage techniques using warm and cold stones to melt away stress, tension, aches and pains. Experience a complete head to toe treatment that you will never forget.

Whilst most of our treatments are suitable for both men and women, we have selected a number of treatments which we believe will have a particular appeal to men, especially those new to the spa environment.

Tension Release Massage 25 mins £45

Back, neck and shoulder massage targeting problem areas.

Jet Lag Massage 55 mins £50

Perfect post-flight body tonic that promises to ground you by easing away bloating, muscle ache and fatigue.

Pre-massage Body Brushing 10 mins £10

To enhance your massage we recommend a pre-treatment dry body brushing. This will stimulate the circulation and lymph and remove dead skin cells, thus revealing healthier skin.

Total Back Ritual 55 mins £50

Fantastic for making those hard to reach places silky smooth and beautiful! This is a specialised back facial that cleanses, polishes and massages the back. Steam and extraction are included.

Male Grooming

Brow shape	£10
Brow tint	£12
Lash tint	£15
Lash and brow tint	£23

	Warm	Hot	Warm	Hot
Back wax	£37	£45	Full leg wax	£27 £35
Chest wax	£37	£45	Forearm wax	£20 £26
Back & chest wax	£65	£75	Underarm wax	£14 £18

Man-i-cure	£30
ZenSpa Pedicure	£35
Pevonia Self Tanning Treatment	£75

Executive Express 60 mins £130

Designed for busy people with hectic lives this package gives maximum results in the minimum time. Two of our therapists will work double quick to transform you. The package includes SkinFit Facial, Man-i-cure and ZenSpa Pedicure.

hair care

We offer a full range of hairdressing services for both men and women. We carry a wide range of hair care products and styling tools helping you to achieve salon professional hair every day – now everyday can be a good hair day.

At Heaven Spa in Didsbury we have tried to create a place where you feel at home. Somewhere for you to relax, read all the latest magazines, surf the net and walk out looking and feeling fabulous! A visit to Heaven Spa is certainly a pampering and enjoyable experience, with no fuss or formality. We invite you to retreat from the world for a while, relax your mind and body and let our hair team help you achieve the kind of beautiful wearable hair you've always dreamt of.

Your experience begins with a one-to-one consultation, where we will listen to your ideas, your concerns and we will respond with a couple of options, fully explaining how we're going to meet your requests.

Backwash Treatments

We have a range of backwash hair conditioning treatments that will help improve the health, look and feel of your hair. The secret of shiny healthy hair starts with using the right haircare at home and having regular Deep Treatments in-salon.

Great conditioned hair performs how you want it to. Redken's Chemistry Supershot backwash conditioning treatments will help keep your hair in tip top condition. There are a range of different Backwash and Scalp Relief treatments. Your stylist will recommend the right one for you.

All our Backwash Treatments include a wonderful 10 minute shiatsu head massage...

Glam up – especially for blondes!

There are two options here depending on your shade of blonde. Platinum Indulgence is a colour activating treatment for ultra blonde highlights and Warm Luxury is a colour activating treatment for warm blonde highlights.

Josh Lowe, Creative Director has a simple vision for hair-dressing at Heaven Spa – to create beautiful simple styles that are achievable for everyone. Josh and his team are passionate about all things hair.

Colour Extend Treatment

It maintains long-lasting colour intensity and shine, it smoothes and repairs the surface of coloured hair and strengthens the hair from within. The Colour Extend treatment also has a UV filter, protecting colour and shine from external influences.

All Soft Treatment

If your hair feels dry and dehydrated it may be lacking moisture. This is the perfect backwash treatment for you.

Extreme Treatment

If your hair feels over processed and damaged this is the ideal Backwash treatment to help return it to better health. The Extreme treatment helps build the protein back into your hair, building up the strength and condition.

Scalp Relief

The scalp is exposed to UV rays, cold and heat and is subjected to cosmetic and chemical procedures including shampooing, colouring, perming and relaxing. Excessive exposure to these factors can result in scalp conditions that could affect your hair.

Dandruff Control

Powerful dandruff-fighting formulas help to reduce flaking, irritation and itching. There is an excellent Scalp Relief Dandruff Control collection of products for home use that will help to eliminate dandruff.

Soothing Balance

This gentle formulation will soothe, calm and destress your scalp whilst removing impurities from the scalp and hair.

Oil Control

This treatment will absorb excess oils and purify the scalp and hair.

hair services

We offer the full range of hairdressing services - cutting and styling, all aspects of hair colouring, perms and relaxers and hair extensions.

Colour

Josh, our Creative Director is on the Redken Artistic Team and is one of their UK hair colouring specialists, regularly teaching and presenting throughout the country.

You don't just want colour - you want amazing colour. Colour with depth, dimension, shine, and style. We believe 100% in Redken Colour products as each Redken shade is developed with superior dye technology and exceptional conditioning to give you the hair colour you want.

Coloured hair needs extra special care, so please make sure you protect your investment by using the correct products to hold on to your new vibrant colour. If you are looking for advice on this please call in to the salon, phone or drop us an email.

All our hair team are trained in colour and we have a tiered price list to reflect their experience – please see over.

Testing

We can only colour your hair if you have had a patch test. This can easily be arranged prior to your colour appointment.

Hair Extensions

Are you looking for added volume or length? Do you long for thick lustrous hair? Hair extensions could give you the look you are after. Hair grows on average 1cm a month, so waiting for long luxurious locks can be tedious.

We use Great Lengths hair extensions here at Heaven Spa. Great Lengths extensions mean your hair can be made up to 60cm longer in just a few hours! While other extensions are applied with damaging techniques such as welding, waxing, gluing or knotting, Great Lengths use a gentle principle called modulating.

Each individual hair is attached with polymer chains whose molecular structure is very similar to that of human hair. When activated by the Great Lengths applicator, the strands are securely bonded to your hair.

A consultation with our highly trained experts will determine the number and length of extensions needed for the desired effect. You can get instant, luxurious length and fullness without damaging your hair.

Up Dos and Bridal Hair

If you have a special occasion coming up make sure you have a hair appointment booked to ensure your crowing glory is making you look and feel fabulous.

Perms and Relaxers

Many people think frizz when they hear the word perm. With technological advances frizz is no more. Perming nowadays is exciting. It can be used to give you a bit of body or umph, some seriously sexy waves or full on curls. Relaxers are great for taming frizzy and wiry locks.

Finishing School

Making every day a good hair day can add hours to your morning routine or leave you frustrated that you can't achieve the salon-fresh look you are after.

The solution is to book in for one of our Heaven Spa Styling and Finishing Classes. These are designed to help you cope with everyday hair hassles. From which products to use and what the different heat settings are for, to shaping hair for maximum shine, what brushes are best and how to use irons to straighten or curl, we will reveal all hairdressers tricks of the trade. You can book in for Finishing School on your own or make an occasion of it and come with friends.

Cutting and Styling

Cutting and Styling services include luxury shampoo and condition followed by a blowdry. We also offer GHD styling after your blow dry so if you are looking for Hollywood curls, long lazy curls or poker straight we can achieve the look for you.

Your Wedding

Organising your wedding is one of the most stressful things you can do. One of the best bits is organising your hair and make up for the big day. We can help ensure your hair and skin are in tip top condition for the day. If you would like more information on our wedding services please contact us or book in for a wedding consultation.

hair price list

We offer a tiered pricing menu for our hair services to suit all pockets. Levels depend on the experience of the stylist.

Reinvention with Josh Lowe £200

Fancy a big change? For a total make over, book yourself in with our Creative Director. The package includes full consultation, restyle, new look colour, a backwash treatment with shiatsu head massage, a styling lesson and haircare products to take home. In addition, we will shape your brows and do a file and polish whilst you are waiting for your colour to develop.

Cutting and Styling	Josh	Director	Senior Stylist	Stylist
Hair cut and blow dry	£60	£55	£37	£27
Blow dry long hair	£35	£30	£22	£17
Blow dry short hair	£30	£25	£17	£15
Up dos	£60	£50	£30	£30
Blow dry lesson (one on one)	£60	£50	£35	£20
Blow dry lesson (up to four people)	£140	£120	n/a	n/a
Children (up to 10)	n/a	n/a	£15	£10
Children (age 10 -14)	£45	£40	£20	£15

We charge an additional £10 if you require GHD styling after your blow dry - for straightening and curls.

Backwash Treatments £15

Perming and Relaxing	Short Hair	Long Hair
Umph	£50	£65
Sexy waves	£50	£65
Serious curl	£60	£80
Relaxers	£60	£80

Male Hairdressing	Josh	Director	Senior Stylist	Stylist
Cut and finish	£40	£35	£30	£25
Shoeshine colour	£35	£30	£25	£20
Bleach and tone	£45	£40	£30	£25
Colour Camo	£45	£40	£30	£25
Regrowth tint	£45	£40	£30	£25

Colour Services Josh Director Senior Stylist Stylist

Foils	Josh	Director	Senior Stylist	Stylist
Full head of lights	£100	£85	£49	£35
¾ head	£85	£72	£42	£32
Half head of lights	£75	£62	£34	£28
¼ head	£65	£52	£28	£25
T-section (crown and parting)	£50	£40	£24	£20

Tints	Josh	Director	Senior Stylist	Stylist
Full head all over long hair	£120	£100	£60	£50
Full head all over short hair	£90	£78	£50	£40
Regrowth tint	£45	£43	£34	£30
Full on blonde (bleach and toner)	£75	£60	£50	£40
Luminous Shimmer long hair	£70	£60	£50	£40
Luminous Shimmer short hair	£60	£50	£40	£30
Colour gloss long hair	£60	£50	£40	£30
Colour gloss short hair	£50	£40	£30	£25
Additional colour	£20	£10	£10	£10

Foils Plus Tints	Josh	Director	Senior Stylist	Stylist
¾ head	£100	£85	£49	£35
Half head of lights	£85	£78	£44	£40
¼ head	£75	£68	£40	£35
T-section (crown and parting)	£60	£52	£35	£28

Please note colour service prices do not include a cut or blow dry, and we recommend that you book this when making your colour appointment.

Colour Correction On Consultation only

Wedding On Consultation only

Hair Extensions

The price of hair extensions varies according to the length of hair and amount of bonds required.

Consultations are free and without obligation. Call us to arrange an appointment to find out if extensions will give you the look you want and get an exact quote.

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Booking Information

To get the most out of your treatment or service with us we advise that you arrive 10 minutes prior to your appointment in order to check in and relax. It is really important that you arrive in good time as we cannot guarantee being able to give you your full treatment time if you arrive late.

We respectfully request that all mobile phones be switched off during your time at Heaven Spa for both your enjoyment of your treatment and the benefit of our other clients.

Should you need to cancel or change your appointment we ask for 24 hours notice or the full cost of the treatment will be charged. For treatments or packages costing £100+ we will require a 50% deposit on booking.

We can cater for small private parties or corporate entertaining, please see Heaven Spa reception for details.

Gift Vouchers

A Heaven Spa voucher makes the perfect gift. The gift vouchers are available in monetary values and are beautifully presented – so treat someone you love to a truly relaxing experience.

0161 448 8786

info@heaven-spa.co.uk

www.heaven-spa.co.uk

Heaven Spa 115 Lapwing Lane Didsbury
Manchester M20 6UR Phone 0161 448 8786

Also:

Heaven Spa Second Floor Hilton Manchester Deansgate
303 Deansgate Manchester M3 4LQ Phone 0161 870 1789
info@heaven-spa.co.uk www.heaven-spa.co.uk

Heavenly Sounds

All our treatment rooms are equipped with iPod's. We have an eclectic mix of music to suit all tastes. So if you fancy new age whale music during your massage, Hacienda classics during your pedicure or mojito grooves during your Brazilian wax we have just the play list for you!

Opening Times

Monday	Closed
Tuesday	10.00am - 9.00pm
Wednesday	10.00am - 9.00pm
Thursday	10.00am - 9.00pm
Friday	10.00am - 7.00pm
Saturday	9.00am - 5.00pm
Sunday	11.00am - 5.00pm

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Best Health and Beauty Outlet
Manchester Awards 2007

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